



CSR ACTIVITIES (NEWS) PT ANTAM Tbk

ANTAM Encourages the Public to Prevent Corona Virus in West Kalimantan



Pontianak - In the midst of the spread of Corona Virus (Covid-19), PT ANTAM Tbk (ANTAM) West Kalimantan Bauxite Mining Business Unit with the West Kalimantan Health Office and Bank Mandiri are intensively conducting prevention socialization in the Mega Mall yard, Pontianak, Sunday (8/3).

"ANTAM always encourages the public to participate in the Healthy Life Society Movement (GERMAS) as an effort to prevent Corona Virus," said Muhammad Rusdan as ANTAM's VP of Corporate Social Responsibility, Human Capital and Finance.

This activity began with gymnastics and zumba, followed by a socialization and demonstration of how to wash hands with soap in water flow.

Then explained about the correct use of masks. Starting from the density, to cleanliness. Avoid using the mask for too long, because many germs are already attached. Do not touch the outer mask, and immediately discard the mask that has been used.

In addition, ANTAM also conducts socialization through outdoor media in the form of billboards, banners, posters and leaflets containing information on preventing the spread of viruses and tips on healthy living.



CSR ACTIVITIES (NEWS) PT ANTAM Tbk



Head of the West Kalimantan Health Office, Harisson also stressed the importance of frequent hand washing with soap and tips for a healthy lifestyle.

"The way to prevent Corona Virus is to wash your hands frequently with soap, consume balanced nutrition by eating more vegetables, and don't consume uncooked meat," he said.

Then he said again, if you cough, runny nose and shortness of breath immediately to a health facility. "Remember not to panic, use a mask when coughing and runny nose. As well as exercise and adequate rest," he concluded.

###

This activity has been published on:

<https://kalbar.antaranews.com/berita/406118/antam-ikut-sosialisasikan-pencegahan-penyebaran-virus-corona>

and

<https://pontianakpost.co.id/sosialisasi-pencegahan-virus-corona/>